

PRoF Award abstract – Call 2018

Deadline for submission: Thursday March 1st 2018 (12 o'clock noon)

Please send to: PRoF-Award@uzgent.be.

<SPO – Snelle opvang voor palliatieve bejaarden >

1. Research Outline

Acronym	SPO (Snelle Palliatieve opvang)
Project name in English	Palliative care for elderly people
Pitch (1 sentence)	Palliative care for elderly people focused on a fast committal, using valuable assessment instruments
Executive summary (max. 10 lines)	<p>Analysis showed that within the care of elderly people there is a need for specialized palliative care for elderly people, focused on a fast committal (within 5 days), provided a validated assessment instrument.</p> <p>We organise this care project for palliative elderly within our short-stay. We started this project the first of September 2015, we used two of our six rooms short-stay exclusively for our project 'fast committal palliative care for elderly people'.</p> <p>This care project wants to provide a warm place for elderly people in a palliative stage (medium care/low care), for whom home-care is no longer feasible and a hospital admission is not necessary. The project wants to provide continuity and support for the home-care system of the palliative elderly.</p> <p>To determine our target group we use two valuable and standardised assessment instruments, in particular PICT, beslissingsboom (evaluation cel palliative care) and the palliative performance scale (PPS).</p>

2. Cause and context of the research

Following the saying of a geriatrician: “Too many palliative elderly die on the acute department in hospitals, they should never have been admitted there in the first place.”. Based on the study by prof. Bekelman (‘Comparison of site of death’ 2016), the idea grew to make a thoroughly analysis of this item. Analysis showed that within the care of elderly people there is a need for specialized palliative care for elderly people, focused on a fast committal (within 5 days), provided a validated assessment instrument.

The rooms used for this project are situated within the wing of our short-stay. This wing is accessible and serene.

3. Innovation results achieved

The passed two years we have received 64 applications, 25 of these applications lead to a fast committal. The largest part of the applications 58 % were initiated by hospitals, 22% of the elderly were referred by their general practitioner. As the project gets more publicity we notice a gradual increase in applications by the general practitioner, which is our goal. The palliative elderly can instantly come to our palliative care unit, the moment home care is inadequate and no longer attainable. We want to be a strong support for the home care system. In 88% of the cases the committal can be organized within five days.

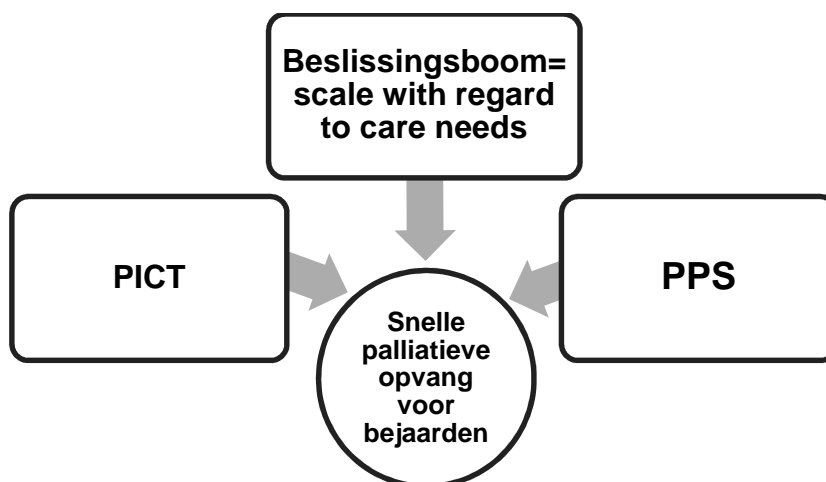
Elderly who were admitted lived in the widely neighbourhood of Avelgem (within the range of 20 km). This shows us the importance of having a place to stay close to their former home. Also family and friends can come and visit their loved ones more frequently.

Life expectancy

In 50% of the applications made by hospitals, elderly stayed at the acute department of the hospital. Without our initiative SPO, many of them would have died in hospital, given their short life expectancy.

The majority of our guests (84%) have an oncology profile.

Patients are only allowed when they have a score of ‘full palliative statute’ (PICT) and on the PPS they have a score less than 60%.



As shown by our registration our assessment instrument give us a good screening for committal. 56% died within 1 month, only 1 person stayed with us for more than 3 months other guests died within 3 months.

Diagnose

(01/2015-12/2017)

Oncological or haematological condition	25
Heart disease	10
Respiratory condition	9
Livercondition	1
Kidneycondition	6
Neurologic condition	8
Oncological + confusion	4

Who did the appliction ?

(01/2015 - 12/2017)

Patiënt	1
Family	10
Hospital	40
Residential care centre	2
General practitioner	15
Palliatief Netwerk	4

*Duration of the stay
(01/2015-12/2017)*

≤ 1 month	17
1 - 2 month	7
2 - 3 month	2
≥ 3 month	1

4. Link to the PRoF values

The project wants to have special attention for relationships.

The project wants to provide a place where guest (=palliative elderly) and visitor can meet each other in peace at any moment. At night the family can sleep over.

As said we think it is important that our guest can find a place to stay close their former home, family and friends. That way they can stay in touch with their neighbourhood, the project wants to break loneliness.

It is important to us that the guestrooms are not situated on a floor where our permanent residents live. Our guests stay in rooms meant for short-stay, situated in a separate wing of our house. That way the stay is not stigmatising and privacy is guaranteed. This wing is accessible for any visitor.

The guestrooms are decorated in a sober and neutral way and provide all comfort needed. The guest and his family can arrange the room as they see fit, they can create a personal and homely feeling.

Because of the connection with our residential care centre, we can offer 24/24h individual nursing care. We also offer psycho social care for guests and family who need and want this. We want to give them a safe feeling by providing this care.

5. Applicable IPR rules

6. Information on the partners

General practitioners

Acute hospitals



Palliatief netwerk

Federatie Palliatieve zorg

Netwerking AZ Tienen Hospice 'De Klaproos'

Note:

If your project is selected as laureate for the Award Symposium, a powerpoint presentation that reflects the project as suggested will be required (in advance), including a future plan how the funding will be used.

If your project is selected as the winner of the Award, you will be invited to present the results achieved thanks to the award during the Award Symposium of the next year.



Addendum: Contact information

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